

## About the Club....

The Peterborough Seniors Hockey Club is a local recreational sports club open to anyone over 55 years of age. The club, as a member of [CARHA hockey](#), is committed to its members and aims to ensure that they are able to participate in a well managed, recreational, non contact hockey regardless of skill level.

With a current membership of approximately 250 members, the club provides 3 divisions based on an age grouping.

### **DIVISIONS:**

**Freedom 55** - participants must be 55 years of age or older

**Seniors** - Participants must be 63 years of age or older

**Elder Skatesmen** - Participants must be 70 years of age or older

The hockey season is divided into two separate sessions, the Fall session taking place from the end of September through to the end of December of each year, and the Winter session beginning in January and ending the last week in March. A banquet is held at the end of each session in celebration of the end of a successful and enjoyable hockey session.

Players are ranked in skill level and ability in an effort to equalize teams. At the end of each session, teams are re-shuffled and balanced providing an opportunity for players to meet and play with other members of the club.

Games are played twice weekly on Tuesdays and Thursday mornings between 8:15 am and 1:00 pm, and are 1 1/2 hours in length. Games are self governed with no referees, or in many cases with 26 referees (approximately 13 players on each team). Some basic ice rules are in place to ensure the safety of all players and the enjoyment of the game.

If you are interested in playing the game, making new friends, having a good time, getting some exercise, consider joining the league, you won't regret it.